

***New York State Society for Clinical Social Work,
Mid Hudson Chapter***

Saturday, April 13, 2013

Vassar Brothers Medical Center

10:30am-12:30pm

“Working With Couples on the Brink”

Couples in trouble often don't show up for treatment until one or both consider ending the relationship. At this point, the relationship is in fragile shape, and a challenge for the therapist.

In this presentation, participants will get an overview on how to:

- 1) Assess the couple's strengths, the degree of damage to the relationship, and the motivation of members of the couple to work to save the relationship.
- 2) Work with the couple to clarify and address longstanding dysfunctional patterns and cultivate awareness, self-reflection, and emotional regulation skills in the service of positive change.

Carrie (Carolyn) Sutton, Psy.D. is a licensed psychologist as well as a licensed Marriage and Family Therapist. She has been in practice almost forty years, treating individuals, families, and couples. In addition to her practice, Dr. Sutton has given talks and written articles about relationship issues. She has appeared on television and has been quoted in articles in the New York Times and Divorce Magazine. Dr. Sutton has served as President of the NYC Metropolitan Chapter of the New York Association of Family Therapy. She has a clinical practice in Highland and New Paltz.

Mid Hudson Chapter workshops are free to NYSSCSW members;

\$25. for non-members; \$15. for students.

All mental health and health workers and students are welcome.

Please pre-register with Christine Benson at cbmsw05@hotmail.com or, telephone: [914 850-1721](tel:914850-1721).